



**PLAY & GROW
LEARNING
CENTER, LLC**

1220 N Mayflower Drive
Appleton, WI 54913
Phone: 730-1200
Fax: 730-1256

New Faces at Play and Grow Learning Center

Elijah: Red Room
Lachlan: Red Room
Reid: Red Room

William: Orange Room
Mason: Orange Room

Charlie: Blue Room

Miss Laurie: Support Staff



Special Classroom Activities

All classrooms will be participating in a Valentine Holiday Party on Tuesday February 14th. Your child will receive a class list, this way you can exchange valentine's if you choose. Please be sure to check with your child's teacher to see if there is anything else your child needs to do for this class party ☺

Also, please remember that we are a peanut free facility.

As always, Please continue to check the monthly activity calendar, located on all parent boards as well as on our website to see what activities your child will be taking part in ☺

Upcoming Dates

Hortonville/Greenville Schools, Early Release
2/8

Hortonville/Greenville No School
2/17

Health and Safety Fair
2/18

**Happy Birthday to Mason in
the red room!**
2/3/10

"A person's a person, no matter
how small. Dr. Seuss"



February is Dental Health Month

When To Start Proper Oral Hygiene For Kids~Taken from Oral B's website

Many parents want to know: At what age should I brush and floss my child's teeth? A good rule is to start flossing as soon as the child has teeth that are in contact with each other, usually around age two to three years. Once teeth reach this point, food particles can get caught between them and foster the growth of bacteria and the development of plaque. Not all children need to have their teeth flossed at this age, so ask your dentist for advice. But the American Academy of Pediatrics (AAP) recommends that parents should be brushing a toddler's teeth twice daily with a soft-bristled brush specially designed for toddlers' small mouths and delicate gums, like the Oral-B® Stages® line of toothbrushes.

And good oral care starts before teeth appear. The AAP recommends that, after a feeding, parents wipe a baby's gums with a soft washcloth or a baby toothbrush using water only (no toothpaste). You could also use a dentist-recommended cleanser like Oral-B Stages 1 Baby Tooth & Gum Cleanser. Once a child reaches 12 months of age, start brushing any existing teeth twice each day. Some dentists recommend using non-fluoride toothpaste before a child reaches two years of age, but ask to be sure. Water and an age-appropriate toothbrush may suffice.

Once children reach two years of age, encourage them to brush their own teeth. Parents, however, should still follow up and brush them again to make sure they're clean. If a child resists having his or her teeth brushed, parents need to get creative and make the process fun, like "looking for treasure behind the teeth." And of course, using a themed brush with your child's favorite cartoon characters can make brushing more enjoyable.

Mmm Mmm Good

Campbell's® Recipe

15-Minute Chicken & Rice Dinner



Ingredients:

- 1 tablespoon vegetable oil
- 1 ¼ pounds skinless, boneless chicken breast halves
- 1 can (10 ¾ ounces) Campbell's® Condensed Cream of Chicken Soup
- 1 ½ cups water
- ¼ tsp. paprika
- ¼ tsp. ground black pepper
- 2 cups uncooked instant white rice
- 2 cups fresh or frozen broccoli florets

Directions:

Heat the oil in a 10-inch skillet over medium-high heat. Add the chicken and cook for 10 minutes or until well browned on both sides. Remove the chicken from the skillet.

Stir the soup, water, paprika, and black pepper in the skillet and heat to a boil. Stir in the rice and Broccoli. Reduce the heat to low. Return the chicken to the skillet. Sprinkle the chicken with Paprika and black pepper. Cover and cook for 5 minutes or until the chicken is cooked through.

